



FLATS

SOUTH OF THE WALL ¹⁾⁴⁾⁶⁾ 7,20

BLACK BEANS * BROWN RICE * GUACAMOLE * SWEET
POTATO-STICKS * SOUR CREAM * SALAD * CORIANDER

GUTER JUNGE ¹⁾²⁾⁴⁾⁶⁾ 7,20

MASHED ROASTED POTATOES * MUSHROOMS *
GOAT CHEESE * SPINACH * POACHED EGG *
ROASTED ONIONS

DRIVE ME NUTS ¹⁾³⁾⁴⁾⁶⁾ 6,90

FRIED HALLOUMI * TOMATO * CUCUMBER *
SALAD * FRESH MINT * PEANUT SAUCE

GOAT RED ¹⁾⁴⁾⁶⁾⁷⁾ 6,90

BEETROOT-QUINOA MIX * HUMMUS * GOAT CHEESE *
AVOCADO * SALAD

RUN VEGGIE RUN (V) ¹⁾⁶⁾⁷⁾ 6,90

GRILLED PUMPKIN, PAPRIKA, ZUCCHINI * CHERRY
TOMATOES * HUMMUS * SALAD

BOWLS

VIVA BOWL ^{2)4)6)A)} 8,90

BLACK BEANS * BROWN RICE * GUACAMOLE * SWEET
POTATO-STICKS * POACHED EGG * SOUR CREAM *
SALAD * CORIANDER

COCO BOWL (V) ^{3)8)A)} 8,90

COCONUT FLAVORED RICE * MARINATED TOFU *
ROASTED MUSHROOMS * PICKLED CABBAGE W/
CORIANDER * THAI-STYLE CARROTS AND CUCUMBERS *
COCONUT - PEANUT DRESSING

HOLY BOWL (V) ^{6)7)A)} 8,60

QUINOA TABOULE * GRILLED VEGETABLES * HUMMUS *
CHICKPEAS * SALAD

RED BOWL ^{4)5)6)7)A)} 8,20

BEETROOT-QUINOA MIX * AVOCADO * GOAT CHEESE *
CUCUMBER * CHERRY TOMATOES * SALAD * WALNUTS

GRAVY BOWL ⁴⁾⁸⁾ 8,60

GRILLED PORTOBELLO MUSHROOMS * MASHED ROASTED
POTATOES * KALE * PICKLED CABBAGE * GOAT CHEESE
* CRANBERRIES * MISO-GRAVY

- 1) SPELT FLOUR
- 2) EGGS
- 3) PEANUTS
- 4) MILK AND DAIRY PRODUCTS
- 5) WALNUTS
- 6) MUSTARD
- 7) SESAME SEEDS
- 8) SOY
- A) SULPHUR



SIDES

GUACAMOLE DIP 3,90
WITH EXTRA FLATBREAD ¹⁾

HUMMUS DIP ⁷⁾ 3,90
WITH EXTRA FLATBREAD ¹⁾

QUINOA TABOULE 3,60

SWEET POTATO STICKS 3,20

MIXED SALAD ^{6)A)} 2,80

EXTRAS

HOMEMADE FLATBREAD ¹⁾ 1,80

POACHED EGG ²⁾ 1,80

AVOCADO 2,00

FRIED HALLOUMI ⁴⁾ 2,60

FRIED TOFU 2,60

- 1) SPELT FLOUR
- 2) EGGS
- 3) PEANUTS
- 4) MILK AND DAIRY PRODUCTS
- 5) WALNUTS
- 6) MUSTARD
- 7) SESAME SEEDS
- 8) SOY
- A) SULPHUR