



FLATS

SOUTH OF THE WALL 1) 4) 6)

BLACK BEANS * BROWN RICE * GUACAMOLE * SWEET
POTATO-STICKS * SOUR CREAM * SALAD * CORIANDER

GUTER JUNGE 1) 2) 4) 6)

MASHED ROASTED POTATOES * MUSHROOMS *
GOAT CHEESE * SPINACH * POACHED EGG *
ROASTED ONIONS

DRIVE ME NUTS 1) 3) 4) 6)

FRIED HALLOUMI * TOMATO * CUCUMBER *
SALAD * FRESH MINT * PEANUT SAUCE

GOAT RED 1) 4) 6) 7)

BEETROOT-QUINOA MIX * HUMMUS * GOAT CHEESE *
AVOCADO * SALAD

RUN VEGGIE RUN (V) 1) 6) 7)

GRILLED PUMPKIN, PAPRIKA, ZUCCHINI * CHERRY
TOMATOES * HUMMUS * SALAD

BOWLS

VIVA BOWL 2) 4) 6)

BLACK BEANS * BROWN RICE * GUACAMOLE * SWEET
POTATO-STICKS * POACHED EGG * SOUR CREAM *
SALAD * CORIANDER

OHHM BOWL (V) 3)

COCONUT FLAVORED RICE * MARINATED TOFU *
ROASTED MUSHROOMS * PICKLED CABBAGE W/
CORIANDER * THAI-STYLE CARROTS AND CUCUMBERS *
COCONUT - PEANUT DRESSING

HOLY BOWL (V) 6) 7)

QUINOA TABOULE * GRILLED VEGETABLES * HUMMUS *
CHICKPEAS * SALAD

RED BOWL 4) 5) 6) 7)

BEETROOT-QUINOA MIX * AVOCADO * GOAT CHEESE *
CUCUMBER * CHERRY TOMATOES * SALAD * WALNUTS

- 1) SPELT FLOUR
- 2) EGGS
- 3) PEANUTS
- 4) MILK AND DAIRY PRODUCTS
- 5) WALNUTS
- 6) MUSTARD
- 7) SESAME SEEDS



SIDES

GUACAMOLE DIP
WITH EXTRA FLATBREAD ¹⁾

HUMMUS DIP ⁷⁾
WITH EXTRA FLATBREAD ¹⁾

QUINOA TABOULE

SWEET POTATO STICKS

MIXED SALAD ⁶⁾

EXTRAS

HOMEMADE FLATBREAD ¹⁾

POACHED EGG ²⁾

AVOCADO

FRIED HALLOUMI ⁴⁾

SOUP

HOMEMADE SWEET POTATO-COCONUT SOUP

LARGE

MEDIUM

SMALL

(V) = VEGAN

- 1) SPELT FLOUR
- 2) EGGS
- 3) PEANUTS
- 4) MILK AND DAIRY PRODUCTS
- 5) WALNUTS
- 6) MUSTARD
- 7) SESAME SEEDS