

HOLY! FLAT!

FLATS

(HOMEMADE ORGANIC FLATBREADS¹)

SOUTH OF THE WALL

BLACK BEANS, BROWN RICE,
GUACAMOLE, SWEET POTATO
STICKS, SOUR CREAM,
SALAD, CORIANDER

GUTER JUNGE

MASHED ROASTED POTATOES,
MUSHROOMS, BABY SPINACH,
GOAT CHEESE, POACHED EGG,
FRIED ONIONS

BEM BRAZIL (V)

ACARAJÉ, VATAPA SAUCE,
VINAIGRETTE, MUSHROOM
CELERY MIX, SALAD, ALMONDS

GOAT RED

BEETROOT QUINOA MIX,
HUMMUS, GOAT CHEESE,
AVOCADO, SALAD

RUN VEGGIE RUN (V)

ROASTED PUMPKIN, PAPRIKA, ZUCCHINI &
CHERRY TOMATOES, HUMMUS, SALAD

SIDES

GUACAMOLE DIP

QUINOA TABOULÉ

HUMMUS DIP

MIXED SALAD

SWEET POTATO STICKS

BOWLS

HOLY BOWL (V)

QUINOA TABOULÉ,
ROASTED VEGGIES,
HUMMUS, CHICKPEAS,
SALAD²

VIVA BOWL

BLACK BEANS, BROWN RICE,
SWEET POTATO STICKS,
GUACAMOLE, POACHED EGG,
SOUR CREAM, SALAD²

BAHIA BOWL (V)

ACARAJÉ, VATAPA SAUCE,
VINAIGRETTE, MUSHROOM
CELERY MIX, PUMPKIN,
SALAD

RED BOWL

BEETROOT QUINOA MIX,
AVOCADO, GOAT CHEESE,
CUCUMBER, CHERRY
TOMATOES, SALAD²

SOUP OF THE WEEK

LARGE / SMALL

SWEETS

CHOCOLATE
&
ICE CREAM
SELECTION
(SEE COUNTER)

DRINKS

PINEAPPLE MINT JUICE (0,25)
HOMEMADE LEMONADE (0,25)
WATER (0,33)
SOFTDRINKS (0,33)
BEER, CIDER (0,33)
WINE (R/W) (0,25)

(V) VEGAN – 1 CONTAINING GLUTEN – 2 SESAME SEEDS